

BIG WATERS

Calling in the Matriarchy

A weekend immersion from Friday 7 - Monday 10 August at Veritas House within the Temenos gardens in McGregor.

This retreat will not follow a set program. We will start by putting our prayers on a fire, then follow the movement from there. We will be held, rest, nourish, and hydrate our bodies through water constellations, making plant medicines, balms and beauty.

Matriarchs will be offered choices for receiving bodywork, steams or other treatments from trusted practitioners. I will hold space for group constellations that may emerge and especially collective work that may be calling on one or all of us in this circle. Maybe we will howl, maybe we will laugh. I wish for both. We will be nourished at our venue so we can stay contained, or as messy as we please.

Matriarchs in this circle will have access to all the sacred spaces within the Temenos Garden.

Places in Circle: 8

Contribution: R6000 per person

Please note that the retreat contribution fee does not include accommodation.

It includes nourishment from Friday afternoon to Monday morning. It includes medicinal plants, ingredients for balms, tonics and beauty as well as 1 x treatment of your choice.

Please email nicole@naluthando.co.za for more information and an application form.

Applications will close on either Tuesday 30 June 4pm or when all places are filled.

Your facilitators, Nicole Klassen & Bloublomsalie

I work with nature, dreams, creative arts, family systems constellations and ancestral healing practices. I have a background in Communications and Executive management, am a graduate of African Constellations and the dreamweaver of the [Beauty School](#) in McGregor. I offer guided pilgrimage, retreats and processes for individuals, groups and organisations. Working with the land, I support people and projects to align to purpose, stay whole, connected and moving in the direction of love.

Bloublomsalie or Auntie Salie will introduce herself when we meet.

